

Bait-uz-Zafar Envoy and Nawae Zafar is a monthly bilingual newsletter of the Ahmadiyya Muslim Community of New York. For further information contact:
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VOLUME 34, ISSUE XIII



Bait-uz-Zafar Envoy

RABI-UL-AWAL-RABI-UL-THANI 1437 AH

JANUARY 2016

Upcoming Events

January 3rd: Lajna Meeting @11 AM and
Ansar Meeting @ 11:30 AM

January 17th: Lajna Meena Bazaar

January 23rd: Parent/Murabi Conference
(During Tahir Academy Hours)

January 24th: Seerat-un-Nabi Jalsa @ 1 PM.
Please bring guests

Tahir Academy every Saturday 9:30—1:30 PM

Gym every Saturday after Zuhr Prayers—Lajna
gym every other Saturday

Dars every Wednesday after Isha Prayers
@7:30 PM

Watch for monthly Tahajjud schedule

Return Address:

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May this coming year be a prosperous year for all of us and our families and be more enriching than the last. May Allah bring lots of joy and blessings to all our readers and their loved ones.

Happy New Year!

We welcome the New Year in a unique way and that is with special supplications and prayers.

Mutual New Year greetings would only be beneficial when we reflect to see how much we fulfilled our obligation of being an Ahmadi Muslim last year and how much we will try to do in the New Year.

We should pray for our spiritual progress and work towards it. Can we make a habit of saying all five daily prayers and some at the Mosque? Let us welcome the New Year with repentance, adopt the path of virtues and practice Taqwa.

Our most precious treasure is our children and our youths. Let us make every effort to bring them to closer to their creator.

Let Allah forgive our wrongdoings. May Allah console us in our every difficulty and misfortune.

May Allah keep us and our family from going astray and redirect us towards the path of righteousness.

May 2016 bring every joy and in this age of turmoil all over, we pray to Almighty to keep all Ahmadis from trials and afflictions, and save guard from all types of disasters and difficulties and transform us into people with whom Allah is pleased.

May Allah enable us to purify our hearts and manifest His qualities of grace and mercy to the utmost.

Let our righteous deeds outnumber and outshine our words.

May Allah shower blessings upon blessings on this community of ours in both religious and worldly affairs.

Ameen!

Jamaat Calendar—2016

This year the theme is “True Islam according to the Holy Quran”. It was put together by Abdul Hadi Nasir Sahib. The Arabic graphics were done by Zafar Nasir and the Calendar portion was done by Shazia Khokhar. We are grateful to Professor Sultan Akbar Sahib and Imam Daud Hanif Sahib for their contribution. The sales team consists of Shoeb Abulkalam and Nasir Sheikh.

The complementary issues are sent to Hazoor and several international Jamaat personalities in London, Rabwah, and Qadian. The calendar also reaches our national officials and in Canada, Nigeria, Ghana, Guyana, Bangladesh and other countries.

We are down to about two boxes so if you did not get one, please do so before we run out. It has salat timings for the New York area and a Jamaat events schedule so that you can plan ahead. The cost is \$2.00 plus mailing cost.

Ahmadiyya Gazette

Some members wanted to know how to dispose of old issues. You may mail it to Aaron Garel II, 6122 South Woodlawn, Chicago IL 60637 or dispose of them at your City recycling bins/centers.

Those who do not get the Gazette and want one, please let Shoeb know and we will inform the Gazette distribution center. If you have older issues from the 1970's please send them to us, The Gazette team need it to save it for historical purposes.

Review of Religions

Alhumdulillah, many chapters have or are catching up with their targets for subscriptions for the Review of Religions. Many large chapters are quite behind in their goals. If your chapter is behind, I humbly request you to please use the activities this weekend to add subscriptions to the Review. It is only \$30 for 12 beautiful issues. Members can go online and order directly. May Allah bless you for all your efforts in this noble cause.

Dec 6th, 2015 - The Nur-ul-Islam academy hosted a “Cultural Evening” held at P.S. 268 in Queens. Bait-uz-Zafar was invited to deliver a speech composed of a small introduction to Ahmadiyyat followed by our regional, national and global initiatives along with Jamaat’s perspectives on terrorism and true teachings of Islam. There over 150 guests at this event and each guest received a jamaat pen along with a flyer of current campaign “The True Islam and Extremists”.

Dec 16th, 2015 - The Interfaith Council for Community Development held a conference titled “Peace and Security” held at the Bosnian Community Center in Queens. The jamaat was invited to introduce itself as the representative of Islam and present our views/perspectives specifically on the latest crisis - Isis. New York State Assemblyman David Weprin was also present and sung high praises about Jamaat Ahmadiyya in his speech. He too introduced the jamaat with great detail and spoke about his 20 year+ relationship with this great institution including the amazing history and global efforts of this ideal Islamic community. Mr. Weprin especially praised the Jamaat for its genuine display of love and affection of United States and flying the American flag throughout the years he also noted that we were the only sect in Islam to do so religiously. The event was blessed with over 200 attendees / recipients of our Jamaat pen and campaign flyer.

Dec 27th, 2015 - The Bellerose Jewish Center hosted an interfaith symposium with clergymen from various faiths all of whom were invited to participate including our Jamaat. Our presentation focused on the true teachings of our beloved master, the Holy Prophet (saw) and highlighted the differences the stark differences from the practices of mainstream Muslims with respect to war and bloodshed. This event yielded over 70 guests/recipients of our Jamaat pen and campaign flyer. Later the same day we attended a different seminar at The Brooklyn Christian Center on Atlantic Ave. to deliver another speech based on the same theme from earlier in the day. This event welcomed over 45 guests and we distributed various jamaat books and literatures along with our pens and campaign flyer.

Upcoming events: On January 24th at 1:00 pm, Bait-uz-Zafar is hosting Seerat-un-Nabi day by the grace of Allah the Exalted. Each and every member of the Jamaat is required to bring at least one guest along with their families. This blessed event is in the light of the magnificent beauty of our beloved master The Holy Prophet (saw) – whom Allah the exalted created this world for. Each and every Ahmadi is extremely blessed to be under the banner of the true Islam - it is only a tiny effort on our part to show our appreciation of being the recipients of this divine light by bringing a guest whom may benefit from this light. Please help our jamaat give the gift of sight through divine light and bring a friend to beautiful this miraculous event.

National campaign: - upon entering the front entrance of Bait-uz-Zafar you will notice multiple stacks of flyers titled “The True Islam and the Extremists” sitting atop the information table - we’re requesting the help of all members to please participate in distributing these flyers wherever possible. May Allah the Exalted bless each and every one of you helping to carry this divine torch.

Ameen!

Finance

Budget forms for the fiscal year July 2016/June 2017 were mailed out, many of you have responded, but we are still waiting for others. Kindly send us your best estimate as soon as possible.

Also all earning members should be at the six months mark, that is 50% of the budget should have been paid by now. This is election year and to participate one must be eligible to vote.

Lajna Report

This month's Lajna meeting started with recitation of Holy Quran by Mubashra Bajwa. It was followed by Hadith read by Haleema Muhammad. Hadith was translated by Shazila Ahmad. It was followed by the Lajna pledge led by Sadr Sahiba. Maham Ahmad then read the nazm. The Taleem program was then conducted by Tehmina Rafique. She gave handouts from the book 'Our teachings'. All members were then instructed to underline a couple of lines that really spoke out to them from the handouts. Most Lajna members participated eagerly. Tarbiyat program followed which was conducted by Dr. Salamat Majeed and Amatul Hayee Marium. The topic was self-reformation. They took points from Huzoor's Friday Sermon of January 17, 2014. Their focus was on strength of resolve, gaining knowledge and acting upon it. Examples were given from companions of the Holy Prophet (s.a.w) and Promised Messiah (a.s); notable ones were of those of when alcohol was prohibited and when smoking of hookah was disliked respectively. Members were then asked to give their perspectives on the discussion that was made by Dr. Salamat and Amatul Hayee Marium earlier and how to implement it.

Sadr Sahiba then discussed Huzoor's Friday sermon of December 4th 2015. She reminded sisters to pray and follow the precautions that Huzoor gave in regards to storage as well. It was followed by a discussion made by a UNO representative on women empowerment. She discussed gender relation of space and women's leadership capabilities. She asked questions to Lajna members regarding their opinion on leadership. A lively discussion ensued. Afterwards Sister Farkhanda Ahmad discussed Chanda Aam. Sadr Sahiba then closed the meeting with silent prayers.

By: Faiza Bajwa

Ansar Monthly Report

This month's regular Majlis meeting was held on Sunday, December 6th at Bait-uz-Zafar. The theme of this month meeting was: **"Achieving balance in obligations towards the jama'at and family."** The meeting started with the recitation of the Holy Quran by Mohammad Afzal Sahib from Chapter 28 Verse 78 & chapter 17 verses 27. Ansar Pledge was led by Zaeem sahib. Religious guidelines and Hadith & writing of Promised Messiah (AS) were presented by Mubarak Jamil Sahib. Zaeem Sahib took the lead in the discussion of the Tarbiyyat exercise which was followed by Nasir Baccus Sahib and Nabeel Munir Sahib. Ata al Hassan Sahib discussed the health topic about Diabetes and answered questions from the meeting participants. The memorization of Sura Al Naba was recited by Rashid Ahmad Sahib. All Majlis members were reminded to memorize the Sura Al-Naba as it is part of the Majlis syllabus for 2015 and members are reminded to take the Taleem Test II if they have not taken it yet as it is due by middle of the month.

Feed the hungry program:

During the month of November, 4 Ansar members volunteered for the Feed the Hungry program at the SNAP Center. SNAP is a social services agency providing for the needs of the senior citizens residing in the borough of Queens. Along with other services they are delivering 2700 meals a month. 12 man hours were spent.

Medical services:

If you need to contact an Ahmadi doctor for a prescription or second opinion about medical treatment please call 716-800-1889.



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Coronary artery disease develops when the major blood vessels that supply your heart with blood, oxygen and nutrients (coronary arteries) become damaged or diseased. Cholesterol-containing deposits (plaque) in your arteries and inflammation are usually to blame for coronary artery disease.

When plaque builds up, they narrow your coronary arteries, decreasing blood flow to your heart. Eventually, the decreased blood flow may cause chest pain (angina), shortness of breath, or other coronary artery disease signs and symptoms. A complete blockage can cause a heart attack. Because coronary artery disease often develops over decades, you might not notice a problem until you have a significant blockage or a heart attack. But there's plenty you can do to prevent and treat coronary artery disease. A healthy lifestyle can make a big impact.

Homeopathic Medicines which may help to reduce Coronary Artery Disease are as follows:

Saffron Homeopathic Drops: Supports Cardiovascular health and helps to reduce the inflammation of the vessels.

Crataegus Oxycantha: Pain sudden and terrible on the left side of the chest, extending into the left arm. Extreme dyspnea, breathlessness on least exertion but without much increase in the pulse rate.

Cactus: Feeling of heart having been tied with an iron band. Suffocation.

Melissa Officinalis: Melissa is an excellent painkiller, especially helping with nerve pain; this, along with its soothing effects on the mind and mood, make it a valuable treatment for these viruses and many others.

Avena Sativa: calmative, anti-anxiety, brain & nerve tonic, nourishing to digestion, quitting smoking.

Arnica Montana: First aid remedy, pain very severe in elbow of the left arm, stitches in the region of the heart. Pulse feeble and irregular.

Crocus Sativus: spiritual & energetic purification, clears & moves subtle energy, raises vibration. Helps to reduce the inflammation of the vessels.

Lachesis: Acute coronary thrombosis, terrible smothering feeling about heart. Constriction in the chest. Can bear no pressure on throat or chest. Awakens the sufferer from sleep and compels him to leave the bed.

Aconitum: Congestion of lungs and heart, Palpitation with anxiety, cardiac oppression, and syncope, sudden lowering of blood pressure.

Glonoine: Onset of pain while going uphill, any exertion brings on rush of blood to heart and fainting spells. Pallor of the skin, It's a great remedy for angina pectoris.

Plants have been used for medicinal purposes for thousands of years. Many herbs contain flavonoids nutrients widely available in fruits and vegetables and thought to prevent cancer and reduce the risk of heart attacks and strokes. There is anecdotal evidence to suggest that some herbs have antiseptic qualities. Are looking into alternative-health treatments but weren't sure where to begin?.

HERBIONNATURALS.COM is the best website where you can have the best herbal and homeopathic products at a reasonable price.

For medical advice please contact **Dr. Basharat Ahmad** at 516-858-6168 or visit our office **Herbion International LLC, 26110 East Williston Ave, Floral Park, New York 11001.**

There has been considerable increase in attendance at the Fajr Prayer and also there is consistency in attendance at the Isha Prayers. There is some attendance for the Zuhr Prayers as well. There is plenty of room to increase further attendance particularly as our youths can do better.

Every Wednesday after Isha Prayers, Hadi Sahib delivers Dars.

Tahir Academy

If one needs to leave early due to any reason, they must obtain an excuse pass from the office prior to leaving the classes. Also many arrive late for the first class, please attend on time.

Marriages

Marriage of Mahvish Ahmad, daughter of Mr. and Mrs. Basharat Ahmad of Astoria got married to Musawar Ahmad, a Jamia student and son of Mr. and Mrs. Mobasher Ahmad of New Jersey.

Binash Nayab daughter of Mr. and Mrs. Muhammad Moosa was married to Rizwan Ahsan of UK.

Congratulations to the couples and their families. May Allah bless these marriages and grant eternal happiness to the newlyweds. Ameen.

Births

Mr. and Mrs. Kaiser were blessed with the baby son. The new comer is the grandson of Maqsood Bhatti.

Congratulations to all the parents, and may all these children be a source of blessings for their parents. Ameen.

Ameen

Faiza, daughter of Mr. and Mrs. Shazad Bhatti, had her Ameen ceremony at the Mosque conducted by Mubarik Jamil Sahib. Faiza is the granddaughter of Maqsood Bhatti Sahib.

Allah bless Faiza and enable her to use the Holy Quran as a constant source of guidance. Ameen.

New Halqa Nigran

Rizwan Ahmad is the new Halqa Nigran for Bayside and Mahmud Farooque is the new Halqa Nigran for Elmhurst.

Obituary:

The elder brother of Saleem Ahmad sahib and sister Anisa Nasir passed away in Pakistan

آنا لله و آنا اليه راجعون
Inna lillahi wa inna ilahi raji'un

May Allah The Almighty elevate the status' of the deceased in paradise and grant Patience to their family members to bear their loss. May Allah grant all the deceased a high status in Paradise. Ameen.